



HEALTHY CAREERS



A guide to careers in the health sector



ABOUT

Developing the Young Workforce, as part of our National Virtual Careers Fairs, has pulled together a range of resources and activities from employers and partners to showcase careers in the Health Sector.

By far the biggest employer in the Health Sector in Scotland is the NHS, with 140,000 people working across 14 NHS Boards, in over 350 job roles. The NHS breaks down job roles into 13 job families:

- Allied Health Professions
- Ambulance Services
- Business and Administration
- Clinical Healthcare Support Worker
- Dentistry
- Estates and Facilities
- Healthcare Science
- Medical
- Midwifery
- Nursing
- Optometry
- Pharmacy
- Psychology



You can find out more about each of these job families here:
[Explore Our Careers | NHSScotland Careers](#)

Remember that the Health Care Sector does not just include the NHS. It also includes private practice, local health and social care partnerships, alternative therapies and biomedical/life sciences companies.



As you can see, the health care sector is not just about medical skills. Having strong IT and digital skills, or a science background are also very important. There are lots of ways of getting into a career in health care, either through going to college or university, doing an apprenticeship, or starting work straight from school.

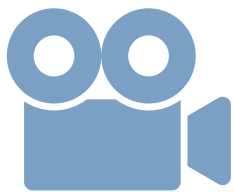
GUIDANCE

Educators can select and work through any of the resources in this pack. There are industry and career insight films to watch, each accessible at any time via the links provided. There are also links to job descriptions, quizzes and classroom activities, and suggestions for how to introduce a local element into your activities.

Industry Insight Films

- [6 minutes with NHS Borders](#)
- [Health and Social Care Careers in Moray](#)
- [Industry Insight – Health](#)
- [Public Health Scotland](#)





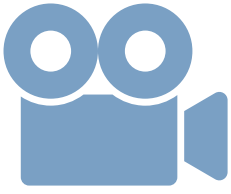
Career Insight Films

The following videos demonstrate what each job entails.

- [Doctor - GP](#)
- [Doctor – Surgery](#)
- [Doctor - Anaesthetics](#)
- [Nurse](#)
- [District Nurse](#)
- [Midwife](#)



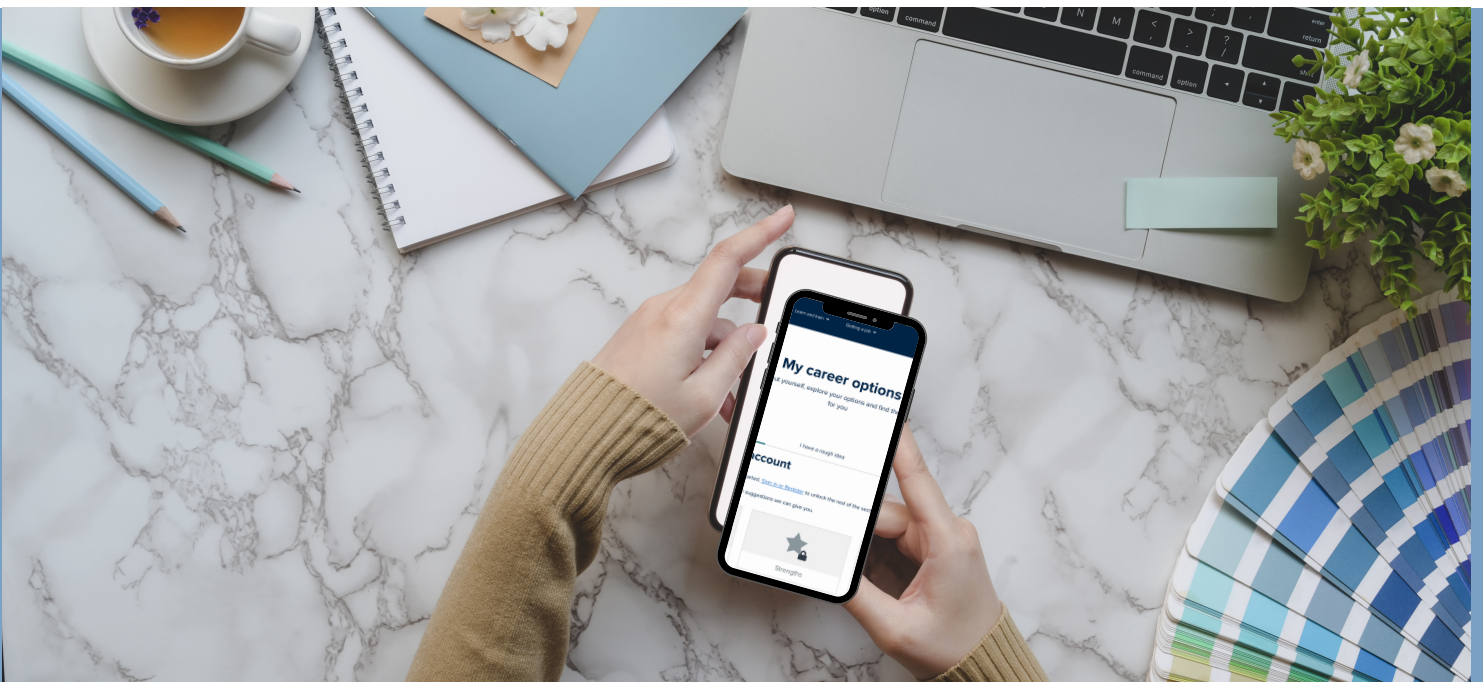
- [Pharmacist](#)
- [Pharmacy Dispenser](#)
- [Radiographer](#)
- [Occupational Therapist](#)
- [Physiotherapist](#)
- [Podiatrist](#)
- [Speech Therapist](#)



Career Insight Films

The following videos demonstrate what each job entails.

- [Dietician](#)
- [Psychologist](#)
- [Paramedic](#)
- [Health Visitor](#)
- [Healthcare Support Worker](#)
- [Dental Nurse / Hygienist](#)
- [Dispensing Optician](#)
- [Optometrist](#)
- [Admin Support](#)
- [Maintenance Supervisor](#)



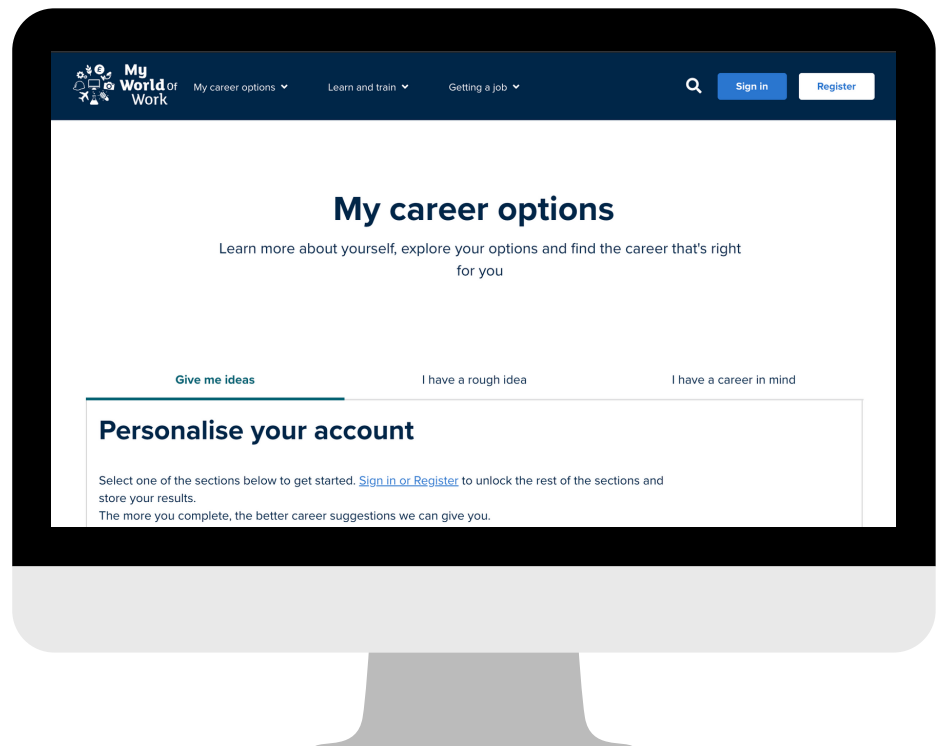


Career Information

The following pages give an overview of different jobs available in the health care sector. This includes descriptions of the role, what skills are required and what the average salary is. This is just a selection.

The full list is available at: [Job categories | My World of Work](#) under *Healthcare*.

- [Doctor GP | My World of Work](#)
- [Nurse - Adult | My World of Work](#)
- [Dentist | My World of Work](#)
- [Optometrist | My World of Work](#)
- [Midwife | My World of Work](#)
- [Ambulance technician | My World of Work](#)



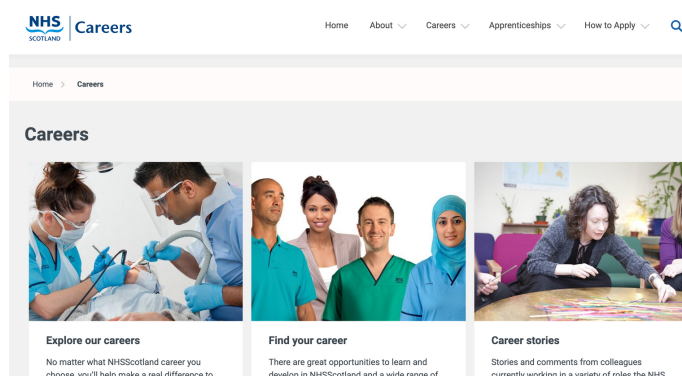
- [Healthcare assistant | My World of Work](#)
- [Occupational therapy support worker | My World of Work](#)
- [Hospital porter | My World of Work](#)



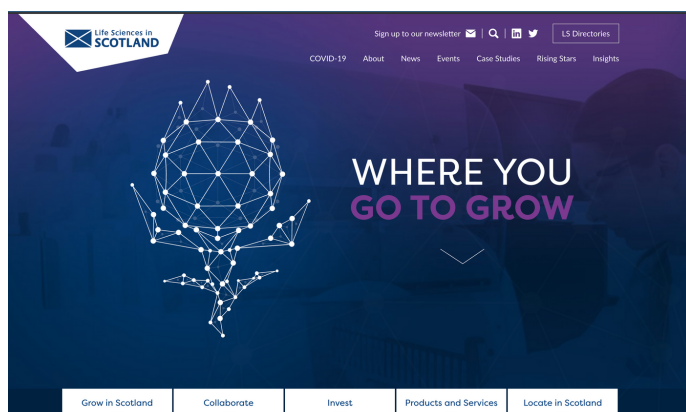
STUDENT/TEACHER RESOURCES



- [NHS Careers A-Z. Includes case studies & video stories](#)

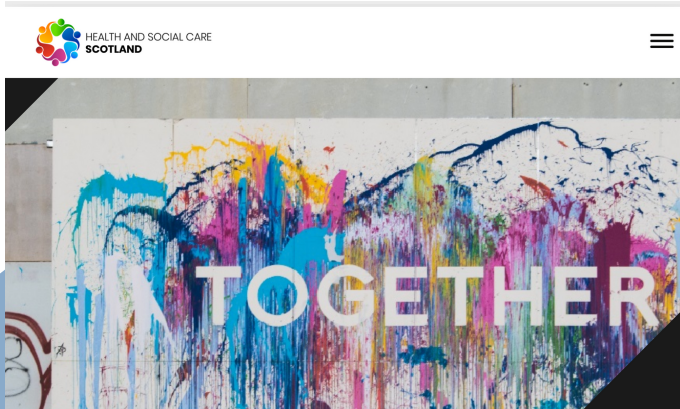


- [Careers | NHSScotland Careers](#)



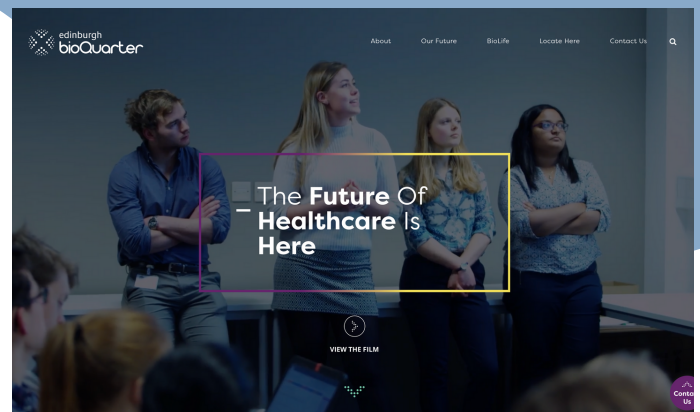
- [Home - Life Sciences Scotland](#)

STUDENT/TEACHER RESOURCES (CONT)



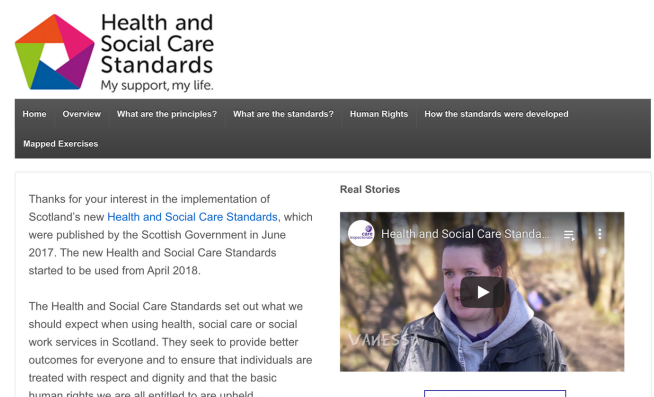
- [HSCS Health and Social Care Scotland | Promoting Integration \(hscscotland.scot\)](https://hscscotland.scot)

- [Edinburgh BioQuarter | The Future Of Healthcare Is Here](#)



- [BioDundee | Welcome to Bio-Dundee](#)

- [New Care Standards | Review of Scotland's National Care Standards](#)



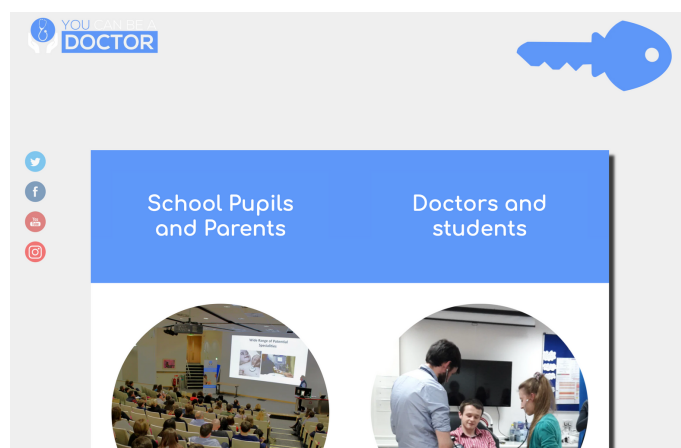
STUDENT/TEACHER RESOURCES (CONT)

- [NPA/CCA Community Pharmacy school resource - NPA » NPA](#)

This resource includes a PowerPoint presentation, information handouts, activity sheet, and further information on how to become part of the community pharmacy team in Scotland.

You Can Be A Doctor – resources and events to help pupils enter a medical career

- [You Can Be A Doctor - Advice for pupils who want to study medicine](#)



Classroom Projects and Activities

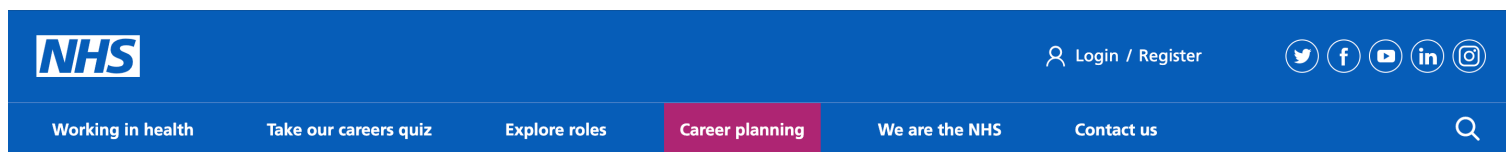
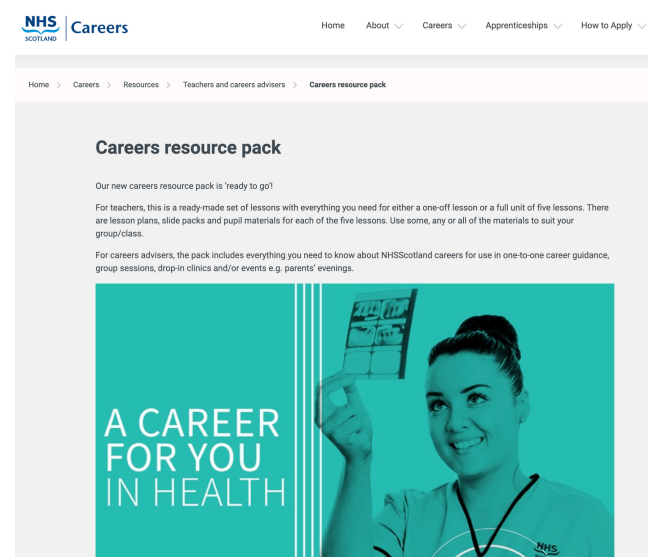


[Career Mapper Quiz](#). Pupils can take this quiz to see what job role in health would suit them. You can then discuss why they got the result they did and where their strengths lie.

Classroom Projects and Activities (cont)

NHS Scotland Careers Resource Pack.

This is a ready-made set of lessons with everything you need for either a one-off lesson or a unit of five lessons, including lesson plans, slide packs and pupil materials. The lessons are introduction to NHSScotland Careers, Finding out about NHSScotland careers, creating a job description, planning your job advertisement and creating your job advertisement -



Teaching resources

[Step into the NHS competition for Key stage 2](#)

[Step into the NHS competition for Key stage 3](#)

[Step into the NHS at Key stage 4](#)

[Health Careers literature](#)

► ['A patient journey' - a toolkit for teachers](#)

[Guide for students](#)

[Healthcare Science Week](#)

[Young health champions](#)

[NHS 'experience' opportunities](#)

[Training and teaching resources - medical students/doctors](#)

[Work experience toolkit](#)

[FAQs for teachers and careers advisers](#)

'A patient journey' - a toolkit for teachers

Developed by Health Education England in the North East, 'A patient journey' is a toolkit that can be used across the curriculum at key stages three and four.

By exploring the range of NHS roles that help patients in their care, the easy-to-use toolkit provides teachers with everything they need to deliver informative lessons with confidence.

"The really great thing is that it is seamless. I can use it as it is with very little preparation time. This is a real positive so 'take it and run with it'!"

Lecturer in a further education college

Accompanying the resources are 18 films, each exploring a different role in health. You can find all the films on this exclusive [YouTube playlist](#) below.



Patient journey toolkit.

Includes presentations, student and teacher worksheets, and a range of films and infographics

Organise a live Q&A – you could invite someone from the health care sector to give a virtual talk to your class with live Q&A. Your DYW regional team can help with sourcing someone from the sector to do this.

Ask the class to develop job descriptions of different health care careers. Ask someone working in the sector to do virtual mock interviews with the class, highlighting the skills needed for these careers.

Map out all the health care workers involved in COVID diagnosis, treatment and recovery. What do they do, and what skills do they need? Run a poster competition thanking all these workers.

